



www.airtrainingcorps.org

457 (Farnborough) Squadron

Air Training Corps
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Date: 03 May 2010

DofE Practice Weekend 20th – 22nd August 2010

Activities: - Training for DofE – Tents, Cooking, Map Reading

Accommodation: - Tents

Programme: - Meet at 457 SHQ 19:00 hours, Friday 20th Aug 10. Check Equipment and brief all Cadets, Depart for Oxney Farm, Set up Camp. 21st Aug 10, Start Practice DoE Exped, Arrive back at camp site before 18.30 hours. 22nd August 10 Continue DoE Exped, arriving at final Check point before 16:00 hours, depart for Sqn HQ. Arrive at SHQ 16:30, final kit check and debrief, Cadets to depart SHQ at 18:00 (Cadets will telephone 30 mins before collection).

Please do not arrive to collect until advised by telephone (all timings are Approximate)

Equipment: - The Dress for the weekend Civilian, Kit required:-

3822, Waterproof jacket, Waterproof trousers, Hat, Gloves, T-shirt, Shirt, Fleece, Windproof jacket, Trousers, Socks, Boots (with heal), Survival bag, Whistle, Emergency rations (500 kcals), Day rations including water, First Aid Kit, Medication, Watch, Pen paper pencil, Torch (with spare batteries and bulb), Compass, Map case all the above needs to be in a Rucksack.

Cadets will also need to bring, A complete set of spare clothes (in waterproof bag), Sleeping bag (in waterproof bag), Cup, Mess tins, Knife Fork Spoon, Matches, Sleeping mat, 48 hours of rations, Toilet requisites, Stove, Fuel, and Mess tin cleaning kit.

Stoves and rucksacks can be loaned from the Squadron for the weekend, written notice is required. Loaned kit can be collected on Thursday 19th August 10 and must be returned on Sunday 22nd Aug 10

Cadets Personal Equipment: - The Air Cadet Organisation, 457 (Farnborough) Squadron or any of its Adult Staff are not responsible for and cannot be held liable for the loss or damage to Cadets personal equipment during the above noted activity. It is suggested that you take out private insurance to cover the loss or damage of any personal equipment.

Contact details: - During the activity the following number(s) will be available as a contact point. Flt Lt A Purkiss: 07855 446231.

Cost: - £5.00 for Incidentals and Transport & camping fees.

Food: - Supply your own (NO Ration packs can be used)

Brief: - There will not be a formal brief for this activity. For further information advise Flt Lt Purkiss, all participating cadets must have a basic understanding of map reading and have submitted a DofE Form. Cadets who bring unsuitable equipment will not be allowed to take part in the activity.

Parental Cover: - Should the above activity be terminated before the planned finish time for any reason, i.e. serious injury to a Cadet or member of Staff, server weather, etc there must be someone available at reasonable notice to collect the Cadet if required. Please complete the contact information below that can be used in the event of early termination of the above activity. Activities will only be terminated early if the supervising Staff cannot find an alternative.

PTO....

Keep this Half

DofE Practice Weekend 20th – 22nd August 2010

Cadets Name _____ (print name)

- I confirm that the above activity will not be interfering with the above named Cadets schoolwork.
- I confirm that the above named Cadet does/does not* suffer from asthma. (*Asthma detail form attached)
- I do/do not* give consent for the above named Cadet to be filmed/photographed during this activity.
- A Medical Consent form is attached

** delete as appropriate*

I _____ (print name) confirm that I have read and understood the above briefing notes and where any topic was not clear I have requested and received all necessary additional information from the Squadron Commander (Flt Lt A Purkiss).

Contact details for DofE Practice Weekend 20th – 22nd August 2010

Contact Name (print) _____

Home _____

Mobile _____

Address _____

Signature _____

Date _____

Consent forms are not to be returned before the 12th August 2010, and must be returned no later than Thursday the 19th August 10. If Consent forms are not in the Squadrons possession by the due date Cadets will not be allowed to attend the weekend.

PARENTS ARE TO ENSURE THAT THEIR SON/DAUGHTER HAS THE CORRECT EQUIPMENT AND **PAPERWORK. IF IN DOUBT PLEASE ASK A MEMBER OF STAFF.**

Return this Half

Parental Consent: - As part of the Adventure Training Instructions please confirm, by signing and returning the attached form, that you have read the above notes and that you are satisfied with the above arrangement/activities. Please also complete the attached Cadet personal details; medical consent form and certificate of health. Cadets who arrive at an activity without the correct paperwork being completed cannot take part in the activity. If any Cadet is suffering or has every suffered from asthma you will need to complete another form which is available upon request.

Consent forms are not to be returned before the 12th August 2010, and must be returned no later than Thursday the 19th August 10. If Consent forms are not in the Squadrons possession by the due date Cadets will not be allowed to attend the weekend.

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CORRECT EQUIPMENT AND **PAPERWORK**. IF IN DOUBT PLEASE
ASK A MEMBER OF STAFF.**

EQUIPMENT LIST

3822	Jumper
Jacket	T-shirt
Shirt	Trousers
Socks	
Boots	Notebook
Waterproof jacket	Waterproof trousers
Gloves	Bivi bag
Pen	Pencil
Hat	Whistle
Food (48 Hrs)	Sleeping Bag
Sleeping Mat	Spare Clothes
Tent	Cooker / Mess Tins & Fuel
Emergency rations 500 kcal minimum (to be left in tact at the end of the exercise)	
Water bottle 1 litre (to be full at the start of the exercise)	
Torch (with spare bulb and batteries)	
First aid kit (your painkillers , one triangular bandage, six assorted plasters, 2 pairs of surgical gloves, CPR mask, your medication)	

Some Equipment can be loaned from the Squadron

PLEASE ASK!!!

Keep this Half

Return this Half