



www.airtrainingcorps.org

457 (Farnborough) Squadron

Air Training Corps
St Christopher's Road
Cove
Farnborough
Hampshire
+44 (0) 1252 524755

Date: 20 February 2010

Survival Weekend – 3rd – 5th December 2010

Activities – Night & Day Navigation / Camping.

Accommodation – Tents / Basher

Programme – Meet at 457 (Farnborough) Squadron HQ 19:00 hours. Friday 3rd December; Check Equipment and brief all Cadets, Depart for camp Site (Pirbright). 4th December; break camp and navigate on foot, participating in tasks and exercises then back to Camp site. 5th December; break camp and navigate on foot a circular route back to Camp, participating in tasks and exercises. 16:30 hours Depart for Sqn HQ, arrive at 457 (Farnborough) Squadron HQ 17:00. Cadets to depart 457 (Farnborough) Squadron APPROX 18:00 hours

*All timings are predicted and can change due to weather and other circumstances
(Cadets will telephone 30 mins before the pick up time)*

Equipment – The dress for all weekend will be Combats / Greens, each Cadet will need to have with them all of the following equipment during the weekend:-

3822, Waterproof jacket, Waterproof trousers, Hat, Gloves, T-shirt, Shirt, Fleece, Windproof jacket, Trousers, Socks, Boots (with heel), Survival bag, Whistle, Emergency rations (500 kcals), Day rations including water, First Aid Kit, Medication, Watch, Pen paper pencil, Torch (with spare batteries and bulb), Compass, Map case all the above needs to be in a Rucksack.

Cadets will also need to bring, A complete set of spare clothes (in waterproof bag), Sleeping bag (in waterproof bag), Cup, Mess tins, Knife Fork Spoon, Matches, Sleeping mat, 48 hours of rations, Toilet requisites, Stove, Fuel, and Mess tin cleaning kit.

Stoves and rucksacks can be loaned from the Squadron for the weekend, written notice is required. Loaned kit can be collected on Thursday 2nd December 10 and must be returned on Sunday 5th December

Cadets are not to wear make-up, nail varnish or jewellery as per dress regulations.

Cadets Personal Equipment – The Air Cadet Organisation, 457 (Farnborough) Squadron or any of its Adult Staff are not responsible for and cannot be held liable for the loss or damage to Cadets personal equipment during the above noted activity. It is suggested that you take out private insurance to cover the loss or damage of any personal equipment.

Contact details - During the activity the following number(s) will be available as an EMERGENCY contact point. Flt Lt A Purkiss 07855 446231.

Cost - £15.00 (to cover ALL Food, Incidentals and Transport.)

Food - Ration packs plus any of your own Snacks and Drinks

Brief - This will take place on Thursday 11th December 09 after parade. The brief will cover the safety aspect of the activity and Cadets **MUST** attend this brief. Cadet should bring along the equipment they intend to use over the weekend so that it can be checked for suitability. Cadets who bring unsuitable equipment will not be allowed to take part in the activity.

Parental Cover – Should the above activity be terminated before the planned finish time for any reason, i.e. serious injury to a Cadet or member of Staff, server weather, etc there must be someone available at reasonable notice to collect the Cadet if required. Please complete the contact information below that can be used in the event of early termination of the above activity. Activities will only be terminated early if the supervising Staff cannot find an alternative.

Parental Consent – As part of the Adventure Training Instructions please confirm, by signing and returning the attached form, that you have read the above notes and that you are satisfied with the above arrangement/activities. Please also complete the attached Cadet personal details; medical consent form and certificate of health. Cadets who arrive at an activity without the correct paperwork being completed cannot take part in the activity. If any Cadet is suffering or has ever suffered from asthma you will need to complete another form which is available upon request.

Consent forms are not to be returned before the 25th November 2010, and must be returned no later than Thursday the 2nd December 10. If Consent forms are not in the Squadrons possession by the 3rd December 10 Cadets will not be allowed to attend the weekend.

**PARENTS ARE TO ENSURE THAT THEIR SON/DAUGHTER HAS
THE CORRECT EQUIPMENT AND PAPERWORK. IF IN DOUBT
PLEASE ASK A MEMBER OF STAFF.**

Keep this Half

Keep This Half

EXERCISE EQUIPMENT

Sun Cream	3822
DPM Jacket	Green T-shirt (or Sqn Blue)
DPM Shirt	Green Jumper (or fleece)
DPM Trousers	Thick Black Socks
Black Boots	Notebook
DPM Waterproof jacket	DPM Waterproof trousers
Gloves	Survival bag
Pen	Pencil
Hat	Whistle
Food (48 Hrs)	Sleeping Bag
Sleeping Mat	Spare Clothes
Cooker / Mess Tins & Fuel	Tent
Emergency rations 500 kcal minimum (to be left intact at the end of the exercise)	
Water bottle 1 liter (to be full at the start of the exercise)	
Torch (with spare bulb and batteries)	
First aid kit (Your painkillers, one triangular bandage, six assorted plasters, 2 pairs of surgical gloves, CPR mask, your medication)	

Some Equipment can be loaned from the Squadron

PLEASE ASK!!!

Keep this Half

Survival Weekend – 3rd – 5th December 2010

Cadets Name _____ (print name)

- I confirm that the above activity will not be interfering with the above named Cadets schoolwork.
- I confirm that the above named Cadet does/does not* suffer from asthma. (*Asthma detail form attached)
- I do/do not* give consent for the above named Cadet to be filmed/photographed during this activity.
- A **Medical Consent** form is also attached.

I _____ (print name) confirm that I have read and understood the above briefing notes and where any topic was not clear I have requested and received all necessary additional information from the Squadron Commander (Flt Lt A Purkiss).

Contact details for 3rd – 5th December 2010

Contact Name (print) _____

Home _____

Mobile _____

Address _____

Signature _____

Date _____

* delete as appropriate

Consent forms are not to be returned before the 25th November 2010, and must be returned no later than Thursday the 2nd December 10. If Consent forms are not in the Squadrons possession by the 3rd December 10 Cadets will not be allowed to attend the weekend.

Return This Half